

# Provider Information Form



## Contact Information

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## Service(s) Provided

Medical Professional, please specify:

Counseling/Therapy

Educational Testing/Assessment

Occupational Therapy

Physical Therapy

Consulting/Coaching

Tutoring

Other, please specify: **Leadership/Teacher training**

## Do you have experience working with gifted individuals? Do you typically work with children, teens, adults, and/or families?

As a 20-year educator and administrator, in a variety of specialized environments (including magnet gifted and Montessori), I have worked with many gifted (and twice exceptional) learners and families. For the past five years in my practice, I have served many individuals, couples, and family systems where gifted traits and 2e traits are an important factor.

## Do you have a specialty or preferred area of expertise? Do you have additional certifications or training that may be of interest to families with gifted children?

As a teacher of the gifted, and leader of gifted teachers, throughout my career, I have received extensive training and continued professional development on meeting the needs of exceptional learners and their families. A complete list is available upon request.

In working with gifted learners, my curriculum included goal-setting, self-efficacy, resilience, well-being, and developmentally differentiated units on sexuality, reproduction, healthy choices, and consent. My experience also includes building community development skills like; cultivating a bully-free environment, diversity and cultural competency, stewardship, communication and respect, and advocacy for human-rights and social justice.

My masters degree, and current area of coaching/consulting focus, is in the field of applied positive psychology, or the study of human and organizational flourishing. In essence, my practice helps clients identify strengths/capacities/motivations to create positive deviance and healthier outcomes

in their lives and relationships. As a coach, I help clients leverage their talents and gifts to overcome challenges and build effective mindsets.

**Have you worked with twice-exceptional children/teens and their families?**

**Briefly state how your understanding of the needs of gifted/2e individuals and families inform your approach?**

I have twenty-five years of experience working with gifted individuals and their systems of support. Working with gifted brains requires understanding of complexity, support navigating through ambiguity, and encouragement of self-directed growth. As a teacher of gifted learners, I endeavored to provide academic rigor in all core subjects and develop integrated, project-based curricula that engaged all students in critical and creative thinking skills; in short, programming that respected the integrity of the learners present. Beyond subject-matter, as both a teacher and an administrator, I valued building an environment that encouraged and fostered autonomy, inquiry, and challenging attitudes toward learning. Over twenty years, I have also created and adapted a variety of social/emotional programs that addressed affective needs, and supported developing learners through individual goal-setting with an emphasis on resilient/healthy mindsets, nurturing supportive relationships, and building organization and study skills.

**Please list any professional organizations in which you are affiliated.**

**About NWGCA**

The Northwest Gifted Child Association (NWGCA) is a support and advocacy organization for parents of gifted children. Organized in 1963, NWGCA provides support and information to parents of gifted children. It continues to help parents enhance and hone their parenting skills and gives them tools to speak out for an appropriate gifted education and deal with this learning difference we call giftedness. NWGCA works with individual families, talking with them by phone and through emails, providing appropriate referrals and resources through our website. Thank you for completing this application form and for supporting the gifted and talented families of Washington State. Please email completed form to [providers@nwgca.org](mailto:providers@nwgca.org).