

# Provider Information Form



## Contact Information

Name	Leah Altemeier, PhD
E-mail Address	<a href="mailto:leah@leahaltemeier.com">leah@leahaltemeier.com</a>
Work Phone	206-295-7974
Website	<a href="http://www.leahaltemeier.com">www.leahaltemeier.com</a>
WA Provider License No.	PY3695

## Service(s) Provided

Medical Professional, please specify:

**Counseling/Therapy** ✓

Educational Testing/Assessment

Occupational Therapy

Physical Therapy

Consulting/Coaching

Tutoring

Other, please specify:

## Do you have experience working with gifted individuals? Do you typically work with children, teens, adults, and/or families?

I have approximately 20 years of experience working as a child psychologist providing parent coaching and individual therapy to 7-12 year olds who are gifted and/or are 2e. Currently I work with parents only, or I work with children and parents together through my iThrive Kids Emotion Regulation and Resilience program and my Speak Up and Stay S.T.R.O.N.G. class.

## Do you have a specialty or preferred area of expertise? Do you have additional certifications or training that may be of interest to families with gifted children?

I have specialized training in neurodiversity and treating emotion regulation challenges.

Additionally, as someone who has previously conducted cognitive testing for giftedness, as well as psychoeducational evaluations, I can assist parents in interpreting assessment results and prioritizing intervention recommendations.

**Have you worked with twice-exceptional children/teens and their families?**

Most of my current clients in my Seattle private practice are twice exceptional.

**Briefly state how your understanding of the needs of gifted/2e individuals and families inform your approach?**

The brains of gifted and 2e children process information differently than the average individual. These individuals may exhibit asynchronous development between their intellectual ability and their emotional maturity. They may feel things intensely and have a strong sense of justice, which affects their responses to people and their environment.

I enjoy working with gifted children because they tend to be analytical and can understand concepts on an intellectual level easily. I then break down how to act in alignment with those concepts using concrete supports such as visuals, structure, and explicit communication strategies. I also enjoy helping parents implement these kinds of supports and communication strategies with their children.

**Please list any professional organizations in which you are affiliated.**

American Psychological Association

**About NWGCA**

The Northwest Gifted Child Association (NWGCA) is a support and advocacy organization for parents of gifted children. Organized in 1963, NWGCA provides support and information to parents of gifted children. It continues to help parents enhance and hone their parenting skills and gives them tools to speak out for an appropriate gifted education and deal with this learning difference we call giftedness. NWGCA works with individual families, talking with them by phone and through emails, providing appropriate referrals and resources through our website. Thank you for completing this application form and for supporting the gifted and talented families of Washington State. Please email completed form to [providers@nwgca.org](mailto:providers@nwgca.org).