

# Provider Information Form



## Contact Information

Name	Gloria Sandford
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WA Provider License No.	Licensed Mental Health Counselor #00005224

## Service(s) Provided

Medical Professional, please specify:

X --Counseling/Therapy

Educational Testing/Assessment

Occupational Therapy

Physical Therapy

Consulting/Coaching

Tutoring

Other, please specify:

## Do you have experience working with gifted individuals? Do you typically work with children, teens, adults, and/or families?

I specialize in working with gifted and twice exceptional children, teens, adults and families. I have been licensed and doing counseling in the State of Washington for twenty years. The last ten years have been focused on working with the gifted child and family. In addition to my therapy practice, I work with Anne van Roden through our LLC, "Gifted Together," training teachers and school psychologists on the social and emotional needs of the gifted population. We offer workshops and support groups for parents of gifted as well as twice-exceptional children. We also present at national SENG conferences on the subject of the gifted family.

## Do you have a specialty or preferred area of expertise? Do you have additional certifications or training that may be of interest to families with gifted children?

I am a trained SENG Parent Group Facilitator and have spent many years gaining knowledge and experience working with the gifted population.

I am a Certified Lifespan Integration Therapist which is a tool that is especially helpful to resolve trauma as well as increase emotional regulation. It is very helpful for the gifted population who can present with greater emotional intensity.

I also specialize in the dynamics surrounding the family affected by addiction. This is also very helpful to gifted families with these issues.

**Have you worked with twice-exceptional children/teens and their families?**

I have worked with all ages of gifted and 2E kids but especially enjoy working with tweens and teens. These sessions are tailor-made for each family and may include family therapy, individual therapy or a combination of the two.

**Briefly state how your understanding of the needs of gifted/2e individuals and families inform your approach?**

Understanding the unique presentation of each gifted client that comes into my office is the most essential tool of therapy. It not only informs my approach but as we work together, it informs the client about themselves in a new way, often removing years of shame and frustration. Even after years of this work, I learn from each client as they explore their life through new eyes. Because understanding is so key, I often suggest books, videos (including Anne and my videos) as well as taking the Overexcitabilities Questionnaire II that helps clients identify even more about their strengths and needs.

**Please list any professional organizations in which you are affiliated.**

Professional Member of SENG (Supporting Emotional Needs of the Gifted: [sengifted.org](http://sengifted.org))  
Clinical Member of WMHC (Washington Mental Health Counselors Association: [wmhca.org](http://wmhca.org))  
Certified Lifespan Integration Therapist: [lifespanintegration.com](http://lifespanintegration.com)

**About NWGCA**

The Northwest Gifted Child Association (NWGCA) is a support and advocacy organization for parents of gifted children. Organized in 1963, NWGCA provides support and information to parents of gifted children. It continues to help parents enhance and hone their parenting skills and gives them tools to speak out for an appropriate gifted education and deal with this learning difference we call giftedness. NWGCA works with individual families, talking with them by phone and through emails, providing appropriate referrals and resources through our website. Thank you for completing this application form and for supporting the gifted and talented families of Washington State. Please email completed form to [providers@nwgca.org](mailto:providers@nwgca.org).