

Provider Information Form



Contact Information

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Service(s) Provided

Medical Professional, please specify:

- Counseling/Therapy**
- Educational Testing/Assessment**

Occupational Therapy

Physical Therapy

- Consulting/Coaching**

Tutoring

Other, please specify:

- Speech Therapy**

Do you have experience working with gifted individuals? Do you typically work with children, teens, adults, and/or families?

Yes, I have experience working with gifted individuals across the lifespan.

I work with all ages, as young as toddlerhood through geriatric.

Do you have a specialty or preferred area of expertise? Do you have additional certifications or training that may be of interest to families with gifted children?

My speciality is neurodiversity and twice-exceptionality (2E) populations.

I have certifications/advanced training in Iowa PCIT, Motivational Interviewing, as well as Exposure and Response Prevention therapy. I also have 20 years of experience working within the educational-psychology field, providing independent education evaluations, attending IEP and 504 meetings, as well as providing parent support training on various topics parents, caregivers, and siblings are experiencing.

Have you worked with twice-exceptional children/teens and their families?

I have worked with this population in the school, home, office/clinic, as well as community settings. I have consulted, educated, tutored, and diagnosed as well as treated them.

Briefly state how your understanding of the needs of gifted/2e individuals and families inform your approach?

Broadly speaking, in my experience gifted/2E individuals present with disproportionate profiles. Meaning, they can excel exponentially in one area of their life and functioning, whereas experience significant differences and lagging skills in others. For example, I have observed 2E kiddos that are able to effortlessly perform algebraic equations in the first grade, yet be completely unable to tie their shoes. This also has a downstream effect with their families in that, in this example for instance, I have observed parents feel utterly frustrated that their child can excel at something incredibly complex (math) yet be unable to get ready (tie their shoe laces), and thus place high expectations on their child that are simply inappropriate due to their asynchronous development. In this case, 2E/gifted individuals tend to understand far more than their peers, yet be unable to outperform them in seemingly "simple" tasks. This can lead many of these 2E/gifted individuals to feel out of sorts and stressed-out, and require support, adaptations, compassion, grace, and accommodations. Having this understanding of 2E/gifted populations being unable to "fit into the mold", helps inform my work with them, have compassion for their team, appreciation of the nuances with their idiosyncratic obstacles, as well as caregiver fatigue.

Please list any professional organizations in which you are affiliated.

- 2022-Present | Member | Alabama Psychological Association
- 2021-Present | Member | Therapists in Tech
- 2021-Present | Member | The Council of Autism Service Providers
- 2020-Present | Member | Washington Association for Behavior Analysis
- 2020-Present | Affiliate Member | The Association for Behavior Analysis International
- 2018-Present | Member, SIG - Autism Spectrum and Developmental Disabilities | Association for Behavioral and Cognitive Therapist
- 2011-Present | Member | Washington State Psychological Association
- 2008-Present | Member, Division 46 | American Psychological Association

About NWGCA

The Northwest Gifted Child Association (NWGCA) is a support and advocacy organization for parents of gifted children. Organized in 1963, NWGCA provides support and information to parents of gifted children. It continues to help parents enhance and hone their parenting skills and gives them tools to speak out for an appropriate gifted education and deal with this learning difference we call giftedness. NWGCA works with individual families, talking with them by phone and through emails, providing appropriate referrals and resources through our website. Thank you for completing this application form and for supporting the gifted and talented families of Washington State. Please email completed form to providers@nwgca.org.