



Parenting Your Highly Capable Child

SENG Model Parent Group (SMPG) - A guided discussion group for parents/caregivers of gifted/highly capable and twice exceptional children

You are invited to join a discussion group with other parents of

HiCap kids:

Join this weekly opportunity to share ideas, strategies and support in a relaxed setting, guided by SENNG-trained facilitators. Through the valuable insights of the other parents and reading the book *A Parent's Guide to Gifted Children*, you will learn more about giftedness, discuss the challenges of parenting, and share strategies for supporting our gifted children while enhancing family relationships. SMPGs are not therapy sessions; however, participants often find the sessions to be therapeutic, empowering and comforting. Topics covered include:

- Characteristics of gifted children
- Communication
- Motivation, enthusiasm & underachievement
- Establishing discipline and teaching self management
- Perfectionism, stress, idealism & depression
- Acquaintances, friends, & peers
- Only children & siblings
- Values, traditions & complexities of parenting

When: Eight-session series on Thursdays from 6:00pm to 7:30pm, beginning April 18th to June 4th, 2019
(4/18, 4/25, 5/2, 5/9, 5/16, 5/23, 5/30, 6/6)

Where: Conway School, 19710 State Route 534; Mount Vernon WA Thanks to Conway School District for generously providing meeting space for this group

Who: Sponsored by the Skagit County Department of Health and Conway School District Co-facilitated by certified SMPG facilitator Eleven Vexler and school counselor Crystal Kombol.

Contact: Eleven Vexler at 11Vexler@gmail.com or by phone 360-620-7420

About SENNG: SENNG's mission is to empower families and communities to guide gifted and talented individuals to reach their goals: intellectually, physically, emotionally, socially, and spiritually: www.sengifted.org



Cost: \$30.00 - Covers the cost of the facilitated, 8-session series; the book *A Parent's Guide to Gifted Children* by James T. Webb, PhD; materials; and registration for one or two parents/caregivers.

Registration: Please mail registration to Conway PTA. 19710 State Route 534; Mount Vernon WA 98274
Checks payable to Conway PTA. Class size is limited to 15 families.

What past participants have said:

"The class and book have been a lifesaver! I can't say enough good about them and feel that every parent should have the opportunity to be in a gifted parent discussion group!"

"I came into this class a little nervous and wondering what I would learn, just like everyone else. I'm leaving it knowing that I have made some good friendships and have gained a lot of knowledge about myself, my child, and how he perceives the world."

"This has been a great life saving class. It has been great knowing that I am not alone in the difficulties we have."

"Motivating my child to do homework and chores is now easier because of this group."

SENG Parent Group Registration

Name: _____

Partner name if applicable: _____

Contact Info:

e-mail: _____

Phone number: _____

Age/grade of child(ren) _____

School(s) Attending: _____

Please mail your \$30 registration money to: Conway PTA, 19710 State Route 534; Mount Vernon WA 98274