

# Provider Information Form



## Contact Information

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## Service(s) Provided

- Medical Professional, please specify:
- Counseling/Therapy
- Educational Testing/Assessment
- Occupational Therapy
- Physical Therapy
- Consulting/Coaching
- Tutoring
- Other, please specify:

## Do you have experience working with gifted individuals? Do you typically work with children, teens, adults, and/or families?

I do. Since opening my practice in 2005, I've had the privilege of working with all levels of giftedness, both in children and adults. Currently I have a general practice in Seattle on top of Queen Anne. I work with children as young as 5, though I tend to see children between the ages of 8 and 13. And working with children means working with parents and families, which I have experience with. I also work with adults because there is a child in all of us that is still longing to be heard and seen!

## Do you have a specialty or preferred area of expertise? Do you have additional certifications or training that may be of interest to families with gifted children?

A lot of the initial symptomology for new patients centers around depression or anxiety and a sense that something's not right. This is often especially true for gifted kids and families with 2e kids because of the asynchronous learning and developing that is happening. I bring a specific training in early life development and how relationships start and form. This means I weigh heavily the impact of early beginnings and transitions as ways of understanding current emotional and mental needs. I have been training with the Center for Object Relations for the past 5 years, including a year-long infant observation, in which I spent an hour each week observing the 1<sup>st</sup> year of a baby's life, in my case, a little girl.

**Have you worked with twice-exceptional children/teens and their families?**

I have, though their exceptionality is often not the primary reason for our work together. Much more are all sorts of issues related to feeling different or anxious about self. For families, anxiety around family dynamics or the impact of divorce on kids including 2e kids, is common.

**Briefly state how your understanding of the needs of gifted/2e individuals and families inform your approach?**

In general, I approach this work with a sense of creativity and playfulness and a wonder of what I can learn from my gifted patients. With 2e patients in particular, the dynamic of having both a significant area of excellence as well as one of significant limitation means holding this tension with them and with the families. There is a natural dissonance in working with these individuals because on one hand they can do much more than their peers in particular areas but need a lot of help in other areas. It is significant to be able to know this and use it as a lens for understanding their experience. I also have an 11 yo daughter who was diagnosed as 2e this past summer and use my experience of living with her and being her father to inform my work.

**Please list any professional organizations in which you are affiliated.**

Northwest Association for Psychoanalytic Study (NWAPS)  
Center for Object Relations (COR)

**About NWGCA**

The Northwest Gifted Child Association (NWGCA) is a support and advocacy organization for parents of gifted children. Organized in 1963, NWGCA provides support and information to parents of gifted children. It continues to help parents enhance and hone their parenting skills and gives them tools to speak out for an appropriate gifted education and deal with this learning difference we call giftedness. NWGCA works with individual families, talking with them by phone and through emails, providing appropriate referrals and resources through our website. Thank you for completing this application form and for supporting the gifted and talented families of Washington State. Please email completed form to [providers@nwgca.org](mailto:providers@nwgca.org).