

Provider Information Form



Contact Information

Name	Rachel Elder
E-mail Address	Rachel@creativerecoveryolutions.com
Work Phone	317-902-6359
Website	https://creativerecoveryolutions.com/
WA Provider License No.	MC 60753394

Service(s) Provided

Medical Professional, please specify:

Counseling/Therapy

Educational Testing/Assessment

Occupational Therapy

Physical Therapy

Consulting/Coaching

Tutoring

Other, please specify:

Do you have experience working with gifted individuals? Do you typically work with children, teens, adults, and/or families?

Yes, I primarily work with gifted teens and young adults providing individual therapy. I began working with the gifted population in June 2018 and currently receive supervision from two therapists who have worked with the gifted population for a decade.

Do you have a specialty or preferred area of expertise? Do you have additional certifications or training that may be of interest to families with gifted children?

My specialties are adolescents and incorporating Dialectical Behavior Therapy as well as Cognitive Behavioral Therapy. I am certified in cognitive behavioral therapy and hoping to increase my training skills in dialectical behavior therapy. I have provided numerous dialectical behavior therapy groups before and often incorporate it into my work with clients. My schooling is also trained in trauma, so I have much experience working with those who have experienced trauma.

Have you worked with twice-exceptional children/teens and their families?

I have worked with twice-exceptional teens and their families.

Briefly state how your understanding of the needs of gifted/2e individuals and families inform your approach?

I am client-centered and believe each client should guide the therapy process. The gifted have extreme knowledge and my work is to help utilize that knowledge and translate it into skills to be applied when social and emotional needs are not being met or fulfilled. Having giftedness also impacts the family and it requires the family to be educated throughout the individual therapy process to help support the client and inform the family on giftedness and what it means and entails.

Please list any professional organizations in which you are affiliated.

About NWGCA

The Northwest Gifted Child Association (NWGCA) is a support and advocacy organization for parents of gifted children. Organized in 1963, NWGCA provides support and information to parents of gifted children. It continues to help parents enhance and hone their parenting skills and gives them tools to speak out for an appropriate gifted education and deal with this learning difference we call giftedness. NWGCA works with individual families, talking with them by phone and through emails, providing appropriate referrals and resources through our website. Thank you for completing this application form and for supporting the gifted and talented families of Washington State. Please email completed form to providers@nwgca.org.