

# Provider Information Form



## Contact Information

Name	Kristi Helgeson Coaching
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WA Provider License No.	Not applicable

## Service(s) Provided

- Medical Professional, please specify:
- Counseling/Therapy
- Educational Testing/Assessment
- Occupational Therapy
- Physical Therapy
- Consulting/Coaching
- Tutoring
- Other, please specify: Assistive Technology coaching/instruction, educational consulting, talent development/enrichment consulting, curriculum development, 1:1 English language arts/creative writing/media instruction/tutoring/project mentoring

## Do you have experience working with gifted individuals? Do you typically work with children, teens, adults, and/or families?

Yes, and I work with all ages, individuals and families.

## Do you have a specialty or preferred area of expertise? Do you have additional certifications or training that may be of interest to families with gifted children?

I specialize in twice-exceptional and neurodiverse individuals at all ages and life stages, with particular expertise with dyslexia, dysgraphia, dyscalculia, and highly/profoundly gifted, with or without attention and mental health diagnoses. My experience is both practical—being a 2e person myself raising 2e teens—and professional, spanning a wide variety of contexts over the past 30 years: corporate, nonprofit, law, community, education (public and private). I have a law degree and participate in ongoing training related to advocacy for neurodiverse individuals. I have participated in the Wired for Reading curriculum with my two children as their parent coach. I previously worked in children’s media production and am pursuing a Master of Fine Arts in Creative Writing, and have been using this expertise to coach and mentor creative writing/media enrichment projects for gifted children for several years.

**Have you worked with twice-exceptional children/teens and their families?**

Yes, for nearly ten years. And this is my area of specialty and expertise.

**Briefly state how your understanding of the needs of gifted/2e individuals and families inform your approach?**

While there are recognizable patterns within the gifted/2e population, which I know from experience of working and living with gifted/2e individuals and families (and being one myself), I also know through experience that each gifted/2e individual is just that, an individual, with a unique set of strengths and areas of challenge, personal goals and desires, and needs. With each client I experience the joy of exploring and walking pathways toward desired goals together, recommending items from my toolkit and creating new, personalized tools along the way.

**Please list any professional organizations in which you are affiliated.**

National Association of Gifted Children (NAGC), Supporting the Emotional Needs of the Gifted (SENG), Davidson Institute for Talent Development Educators Guild, Northwest Gifted Child Association (NWGCA), Dyslexic Advantage (Premium Member and Board Advisor), International Dyslexia Association - Washington Branch (WABIDA), Supporting Engagement for Advanced Learners (SEAL) - Bainbridge Island, Destination Imagination – Washington Imagination Network (Team Manager), Washington State Bar Association (WSBA)

**About NWGCA**

The Northwest Gifted Child Association (NWGCA) is a support and advocacy organization for parents of gifted children. Organized in 1963, NWGCA provides support and information to parents of gifted children. It continues to help parents enhance and hone their parenting skills and gives them tools to speak out for an appropriate gifted education and deal with this learning difference we call giftedness. NWGCA works with individual families, talking with them by phone and through emails, providing appropriate referrals and resources through our website. Thank you for completing this application form and for supporting the gifted and talented families of Washington State. Please email completed form to [providers@nwgca.org](mailto:providers@nwgca.org).