

Provider Information Form



Contact Information

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Service(s) Provided

- Medical Professional, please specify:
- Counseling/Therapy
- Educational Testing/Assessment— Clinical Assessment Only (Not testing at present.)
- Occupational Therapy
- Physical Therapy
- Consulting/Coaching
- Tutoring
- Other, please specify:

Do you have experience working with gifted individuals? Do you typically work with children, teens, adults, and/or families?

Yes, I work with children, teens, adults, and families.

I have ample experience treating gifted individuals, from ages 5 and up.

Do you have a specialty or preferred area of expertise? Do you have additional certifications or training that may be of interest to families with gifted children?

I work in English, Spanish, French, Italian, and some in Japanese (formerly fluent, presently conversational in Japanese).

Giftedness is frequently accompanied by confusion, as well as significant or minor but highly frustrating “splinter-deficits” in other areas of functioning. My post-doctoral hours at the University of Washington were focused on neurodevelopmental disorders, particularly, for clients of all ages confronting challenges with Executive Functioning, Autism, and ADHD.

In addition to talk therapy, I do play and art therapies. I very much enjoy working with people of all ages who are interested in expressing themselves creatively and discovering how such activities can lead to enhanced relationships, productivity, and new ways of being in the world.

Have you worked with twice-exceptional children/teens and their families?

Yes, in training and throughout my practice.

Briefly state how your understanding of the needs of gifted/2e individuals and families inform your approach?

I work from an experience-near approach in psychotherapy. That is, I partner with children, teens, adults, and families, to help them make meaning out of oft-difficult experiences. I help children, families and educators ascertain where an individual is being sufficiently motivated and stimulated, and where they are encountering barriers to mental, emotional, or social growth. Sometimes it is a question of achieving a better balance between personal interests and external demands which may at first appear to be nonsensical or unnecessary. At other times, we may address the causes of incipient anxiety.

I attend to areas of asynchronous growth, while also helping clients strive towards contextual understandings, in addition to questions of fairness, success, and problem-solving.

Working with children or teens, I engage families, using a systemic approach, to improve communication about stresses, concerns, shifting demands, and even new questions about values.

Please list any professional organizations in which you are affiliated.

American Psychological Association
Washington State Psychological Association
Center for Object Relations
Northwest Association for Psychoanalytic Study

About NWGCA

The Northwest Gifted Child Association (NWGCA) is a support and advocacy organization for parents of gifted children. Organized in 1963, NWGCA provides support and information to parents of gifted children. It continues to help parents enhance and hone their parenting skills and gives them tools to speak out for an appropriate gifted education and deal with this learning difference we call giftedness. NWGCA works with individual families, talking with them by phone and through emails, providing appropriate referrals and resources through our website. Thank you for completing this application form and for supporting the gifted and talented families of Washington State. Please email completed form to providers@nwgca.org.