



Parenting Your Gifted Child

SENG Model Parent Group (SMPG) - A guided discussion group for parents/caregivers of gifted/highly capable or twice exceptional children

You are invited to join a discussion group with other parents of gifted kids:

Join this weekly opportunity to share ideas, strategies and support in a relaxed setting, guided by SENG-trained facilitators. Through the valuable insights of the other parents and reading the book *A Parent's Guide to Gifted Children*, you will learn more about giftedness, discuss the challenges of parenting, and share strategies for supporting our gifted children while enhancing family relationships. SMPGs are not therapy sessions; however, participants often find the sessions to be therapeutic, empowering and comforting. Topics covered include :

- Characteristics of gifted children
- Communication
- Motivation, enthusiasm & underachievement
- Establishing discipline and teaching self management
- Intensity, perfectionism & stress
- Idealism, unhappiness & depression
- Acquaintances, friends, & peers
- Only children & siblings
- Values, traditions & uniqueness
- Complexities of successful parenting

When: Wednesdays from 7:15 p.m. to 8:45 p.m., Jan. 8 to March 12, 2014 (ten session series)

Where: Cavelero Mid-High School Library, 8220 24th Street SE, Lake Stevens, WA 98258
Conveniently located just 5 minutes from I-5 and Highway 9

Who: Sponsored by the Lake Stevens Challenge our Children parent group and the Northwest Gifted Child Association (www.nwgca.org)
Co-facilitated by Denise Anderson & Sue Wilson-Schmitz, Certified SMPG facilitators and parents of gifted children

Contact: Denise Anderson at deniselanderson@comcast.net

About SENG: SENG's mission is to empower families and communities to guide gifted and talented individuals to reach their goals: intellectually, physically, emotionally, socially, and spiritually: www.sengifted.org.



Cost: \$50.00 - Covers the cost of the book *A Parent's Guide to Gifted Children* by James T. Webb, PhD; materials; and registration for one or two parents/caregivers

Registration: Register early: class size is limited to 20 participants (minimum 8)

Register online at www.tinyurl.com/LS-SMPG

What past participants have said:

"The class and book have been a lifesaver! I can't say enough good about them and feel that every parent should have the opportunity to be in a gifted parent discussion group!"

"I do not feel as alone now."

"I came into this class a little nervous and wondering what I would learn, just like everyone else. I'm leaving it knowing that I have made some good friendships and have gained a lot of knowledge about myself, my child, and how he perceives the world."

"My child's a happier child, my family a healthier family, and I'm a better person as a result of the group. Thank you!"