

Provider Information Form



Contact Information

Name	Katie Sanders
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WA Provider License No.	N/A (do you want my business license?)

Service(s) Provided

Medical Professional, please specify:

Counseling/Therapy

Educational Testing/Assessment

Occupational Therapy

Physical Therapy

Consulting/Coaching

Tutoring

Other, please specify: Non-medical family support as a consultant and sensory designer.

Do you have experience working with gifted individuals? Do you typically work with children, teens, adults, and/or families?

I work with families and their children in tandem to have the kids feel like they have agency while also having the parents make the best decisions for their family overall. I work with many 2e families who are in special education and OT support while also being gifted. I myself was 2e growing up as well as my now 8-year-old son (autism + gifted). I feel like many kids get part of their 2e overlooked and only get half of their support. Many of this children feel overwhelmed by stimuli around them and I want their families to feel better about supporting their needs. I usually work with 2-12 year olds and usually not teens but would be open to it.

Do you have a specialty or preferred area of expertise? Do you have additional certifications or training that may be of interest to families with gifted children?

I focus on identifying the senses that most affect the child, and what in their environment can be changed to help them feel less anxious and triggered. This can lead to better decision making and less outbursts.

Have you worked with twice-exceptional children/teens and their families?

Yes, it's who I primarily work with.

Briefly state how your understanding of the needs of gifted/2e individuals and families inform your approach?

While calming their environment to lower anxiety and stimuli triggers, I also help create stations and ways for 2e kids to explore and learn to challenge themselves but not so much that they get frustrated. This may be in activities organized in bins they can pull out by themselves (agency) in areas they love (like history, STEM or art). I tend to refer to this as their love language that can help open up communication. But then they can help easily put things away with very general and easy to use systems which builds confidence. I try to use whatever the family has on hand and come up with creative solutions that fit their family well.

Please list any professional organizations in which you are affiliated.

N/A

About NWGCA

The Northwest Gifted Child Association (NWGCA) is a support and advocacy organization for parents of gifted children. Organized in 1963, NWGCA provides support and information to parents of gifted children. It continues to help parents enhance and hone their parenting skills and gives them tools to speak out for an appropriate gifted education and deal with this learning difference we call giftedness. NWGCA works with individual families, talking with them by phone and through emails, providing appropriate referrals and resources through our website. Thank you for completing this application form and for supporting the gifted and talented families of Washington State. Please email completed form to providers@nwgca.org.